

Bizziness a Danger Signal

Forerunners of More Serious Conditions of the Alimentary Tract.

Invariably flatulence and diarrhea indicate the beginning of serious troubles; stomach and intestinal troubles usually follow which sooner or later develop symptoms of a alarming nature. Catarrh of the stomach, gastritis, constipation, piles, liver troubles and a general breakdown of the health usually follow these symptoms when left to run their full course. When the stomach is not performing its proper duty the rest of the system is sure to suffer. As it is a well known fact that the stomach feeds the rest of the body and organs, therefore many diseases may arise, either directly or indirectly, from disorder of the stomach.

Whenever there is the slightest indication of flatulence or diarrhea noticed it should be cared for at once, check it may not develop more dangerous symptoms. Charcoal is an excellent remedy for the stomach, relieving flatulence by absorbing the poisonous gases that accumulate in the stomach, and aiding digestion and assimilation. It has a specific action upon this organ and a very rapid and positive action on the system in general.

Charcoal has been used for several thousand years, both as a stomach regulator and an antidote for poisons taken in the stomach. The success of charcoal is unquestionable. The only remaining question is to get charcoal in the most convenient and palatable form. The F. A. Stuart Co. manufacture a charcoal lozenge composed of young willow wood charcoal and pure honey, making this valuable product convenient, palatable and perfectly harmless. A sample will be sent upon request, or Stuart's Charcoal Tablets can be had at any drug store. Price, 25¢ per box. The F. A. Stuart Co., 200 Stuart Bldg., Marshall, Mich.

FOR LATER INAUGURATIONS

BRIGHTWOOD CITIZENS VOTE FOR APRIL DATE.

Street Improvements Discussed and Further Appropriations Urged. Thanks Voted to Congress.

The Brightwood Citizens' Association at a meeting held last night in Brightwood Hotel took the initiative in recommending a change in the date of future inaugurations. A resolution was presented by Wilton J. Lambert and unanimously adopted urging Congress and the state legislatures to change the date at once from March 4 to the latter part of April.

The necessity for the extension of 13th street from Spring road to Madison street, Whitcomb, was expressed in a resolution presented by Charles W. Ray and adopted. A committee composed of President Louis P. Shoemaker, John A. Saul and Blair Lee, was appointed to prepare plans and secure donations of land for the extension of this street.

George Francis Williams presented a resolution requesting the Commissioners to establish, grade and maintain Colorado avenue, now Piney Branch road, from 14th street to Georgia avenue and provide suitable sidewalks.

Dr. J. E. Keene called the attention of the meeting to the importance of a police station at Brightwood and the existing need of a small station for the protection of policemen to replace the one recently destroyed by storm. The Commissioners and Maj. Sylvester will be appealed to take action.

The association will extend a vote of thanks to Senator Gallinger, chairman of the Senate District committee; Representative S. W. Smith, chairman of the House District committee; Senators Gallinger, Elkins and Tillman and Representative Gardner, Madden and Burleson of the House, for their expressions of their efforts at the last session. Incidentally President Shoemaker stated that \$50,000 had been appropriated to complete the 14th street extension.

William McInnis addressed the meeting, calling attention to the necessity of a long term loan by Congress to meet larger and unusual expenses and let the current revenue pay the interest on the various associations aid in carrying out the movement.

C. E. Crook of the Brightwood Park Citizens' Association, extended an invitation to the members present to attend a public meeting of that organization March 17, on which occasion Commissioner of Commerce and Secretary Callahan of the Board of Trade would deliver addresses.

On motion of Mr. Clayton a vote of thanks was extended to President Shoemaker for his untiring efforts in securing the passage of bills containing appropriations for improvements for Brightwood and vicinity.

Senator Gallinger was expected to be present and deliver an address, but was unable to do so on account of absence from the city. Dr. R. A. Neale of Chicago, a guest of the association, delivered a short address.

At the conclusion of the regular business a buffet lunch was served.

Chicago Parsonages to Pay Taxes. CHICAGO, March 13.—A church parsonage is slated for taxation.

This edict, which will mean for Cook county an increased revenue approximating several hundred thousand dollars, has gone forth from the county attorney's office. It follows a recent decision of the supreme court, which holds a clergyman's house to be just as taxable as a milk depot or a factory.

Marriage License for Wrong Girl. CLEVELAND, Ohio, March 13.—A mysterious trick of his memory has caused Charles H. Williams, aged fifty-nine years, to marry a girl who is not his wife.

It was thirty years longer for his bride, who is thirty years younger. He got a license to marry Cora Webster when he wanted to marry her sister, Emily. Williams obtained a marriage license and left to arrange for the wedding. Today Williams announced he had obtained a license to marry the wrong girl. At the probate office the mistake was corrected and Williams will marry the right girl next Sunday morning.

WOULDN'T GO BACK TO OLD DAYS OF COFFEE TROUBLES.

Stodious, sedentary habits are apt to cause indigestion, dyspepsia, nervous headaches, etc., but often it is the daily use of coffee that is at the bottom of the whole trouble. It is surprising how quickly these troubles disappear when coffee is dropped and well made Postum is the daily beverage.

No. 10. Postum writes of the relief obtained when he changed from coffee to Postum. He says:

"I began using Postum about a year ago while stopping at the home of friends during the absence of my wife.

PRESIDENT TAFT AND HIS OFFICIAL ADVISERS.



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PUPILS NOT TO BOX

No Appropriation for Teaching Manly Art of Self-Defense.

AND NO JOB FOR SIXSMITH

Indorsed by Theodore Roosevelt, He Submitted Proposition Vainly.

JUNE COMMENCEMENT DAYS

High School Ceremonies Are Scheduled—Board of Education Tired of Child Labor Duties.

Comes William K. Sixsmith, apostle and expositor of the manly art of boxing, originator of many internal exercises for weak-muscled men and women, distributor of flesh, putter-on and putter-off of weight, and friend of the former administration.

He wants to make boxers of the school boys of Washington. It would require about a month of his time, for which he would wish to receive \$500. Or he can, for \$1,000, teach infighting and clever footwork, combined with a system of physical exercises in which the girls can revel.

He has been in communication with the board of education. President Oyster had his letter at the board meeting yesterday afternoon. It was read with due solemnity to the assembled members.

The instructor is a friend of Mr. Roosevelt, so he says. He bears a letter from that strenuous one, plainly marked at the top "Not for publication."

There is no money in the school appropriation which will warrant any such contract. Mr. Sixsmith has suggested that he be paid \$1,000 for his services.

There was not much enthusiasm over the proposition, Supt. A. T. Stuart took charge of the letter, to dispose of it later.

Much Other Work Done. That matter was only one of a great many items of business which came up at yesterday's meeting. Thinking there would be little to do, the board met at 4 o'clock and was hard at work until nearly dark.

An analysis of the coming year's work in terms of dollars and cents was presented by W. V. Cox.

Mention of the child labor law brought up another discussion as to how the school authorities are to be able to enforce it. The school board wants to get rid of the responsibility, if possible, at nearly every meeting it is referred to the proper committee.

Mr. Stuart proposed yesterday to use parts of two days every week, after April 1, in connection with the child labor business; and after July 1 to make use of the \$900 allotted in the appropriation for 1910 to employ a clerk to attend to the many details. Capt. Oyster and Mr. Cox, on motion of Mr. Mussey, will confer with the Commissioners on the matter.

The dates for high school commencement were announced. The schedule is as follows:

St. Mary's High School, Armstrong Manual Training School, Normal School No. 2, June 18, at Convention Hall. Business High School, June 21, afternoon at Convention Hall.

Normal School No. 1, June 21, forenoon. McKinley Manual Training School, June 22, afternoon or evening. Central, Eastern and Western High Schools, June 23, Convention Hall.

For Permanent Textbooks. A report from Supt. Stuart, concerning textbooks for the coming year, was read. In brief, Mr. Stuart stands for clean books for every student, and does not approve of sweeping and radical changes every time there is a change.

In consideration of many high school students who find it necessary or convenient to buy second-hand books, Mr. Stuart said that frequent changes of textbooks made it impossible for them to save money in that way. His report and list of books for the next year was referred to the proper committee.

Another report from the superintendent covered an account of his visit to the convention of the National Educational Association, division of superintendent, in Chicago, during the past month. He was accompanied to Chicago by S. A. Kraemer and Miss E. V. Brown, whose reports were also read.

Mr. Stuart drew a sharp contrast between the normal school conditions in Chicago and those in Washington. The normal school here is cramped and crowded in comparison with the school in Chicago. The legislature cut out the appropriation which would build a fine school for the training of future teachers.

Capt. Oyster made a formal report of the visit to the New Bryant School, made by himself and two or three members of the board on invitation of the Commissioners. The result of that visit was satisfactory to the board.

Minor changes were suggested by the school people. Promise that the suggestions would be adopted was made by the Engineer Commissioner.

Cook School Needs. Not so agreeable a report was made by Mrs. Mussey, who made an unofficial visit last Sunday to the Cook School, now nearly ready for occupancy. She suggested that there were lots of things to be done before the Cook School would be up to the standard of the Bryant.

There will have to be ash pits, and better coal partitions and other things. The board has not made an inspection of that school.

There was a good-sized pile of correspondence, which was disposed of in short order.

The Mary Washington Chapter of the Daughters of the American Revolution offered by letter a medal for the best essay on a revolutionary subject, the contest open to members of the graduating class. It was accepted.

The Jewish Council of Women offered two prizes for essays on citizenship by foreign members of the night classes. The board voted that the prizes should be given to the winners.

A request from Allan Davis, superintendent of the Business High School, to allow a luncheon to be held to defray athletic expenses was granted.

Following practice of other years, Department of the Potomac, G. A. R., asked to be allowed to participate in the school exercises on Flag day, June 19, and to send speakers to various schools. Mr. Cox moved the adoption of the suggestion, and the board voted in favor of it.

Cadets May Drill in May. Capt. Oyster reminded the board that the date of Flag day might interfere with the annual High School cadet drill, saying that if so it might be held to hold the drill in May instead of in the hotter weather of June.

Residents in the neighborhood of the Mott School sent a letter to the board asking permission to join in the opening celebration and express their appreciation at having so near a building near them. Mr. Stuart will have the request in consideration and make a reply.

A fifty-dollar scholarship in the Washington and Lee University has been offered to pupils of the Eastern division, Central and Business High schools and the McKinley Manual Training School. The board voted to accept it.

The board also voted to allow Miss K. U. Minor to hold an entertainment in the Minor School for the benefit of the retirement fund.

At the close of the meeting Mrs. Windom, a member of the Columbus Club, who has been interested in teaching kindergarten subjects to hand children the Arthur School, thanked the board for the use of the school Saturday mornings.

Action of the Board. The following orders were rescinded, leaves of absence granted, appointments and transfers made and resignations accepted:

Ordered that Maud Dowling, teacher of the second grade, thirteenth division, be promoted to teacher of the third grade, thirteenth division, and in lieu thereof approve, ratify and confirm the following: Promote Maud Dowling from the second to third grade, thirteenth division.

Action of the board of February 3, 1909: Ordered that Gerster Smallwood, teacher of the eleventh division, be promoted to teacher of the twelfth division, and in lieu thereof approve, ratify and confirm the following: Promote Gerster Smallwood from the eleventh to twelfth division.

Action of the board of February 3, 1909: Ordered that F. R. Turner, teacher of the second grade, twelfth division, be promoted to teacher of the third grade, twelfth division, and in lieu thereof approve, ratify and confirm the following: Promote F. R. Turner from the second to third grade, twelfth division.

Action of the board of February 17, 1909, as follows: Rescind the action of the board of education taken February 3, 1909, as follows: Ordered that M. E. Randolph, teacher of the fourth grade, eleventh division, be promoted to teacher of the fifth grade, eleventh division, and in lieu thereof approve, ratify and confirm the following: Promote M. E. Randolph from the fourth to fifth grade, eleventh division.

Ordered: That Miss H. V. Edmonds, teacher of the first grade, John M. Langston School, eleventh division, is hereby detailed as teacher in the department of physical training, to take effect on and after March 16, 1909.

That M. E. Winer, teacher of the fourth grade, first division, is hereby detailed as teacher in the Western High School, to take effect on and after March 16, 1909.

That M. J. Watis, teacher of the second grade, is hereby detailed as teacher of arithmetic in the Business High School, to take effect on and after March 16, 1909.

That W. S. Herman, teacher of the second grade, seventh division, is hereby detailed as teacher of manual training in the graded schools, to take effect on and after March 16, 1909.

That M. E. Randolph, teacher of the fourth grade, eleventh division, is hereby detailed as teacher of the fifth grade, twelfth division.

Leaves of absence granted: For three months to Miss Lizzie M. Warman and Miss Katharine Stonestreet, teachers in the public schools.

To Miss H. A. Saunders, teacher of the fourth grade, eleventh division.

PAZO CURED IN 6 TO 14 DAYS. PAZO OINTMENT is guaranteed to cure any case of Itching, Blind, Bleeding or Prolapsing piles in 6 to 14 days or money refunded. See oct-10-14-15

fourth grade, Eliza Randall School, thirteenth division, for a period of three months.

Appointments. Miss Willie Brown, teacher of the second grade, and assign to the George Bell School, thirteenth division.

Miss Bertha G. McNeill, librarian of class 1, and assign to the M Street High School, thirteenth division.

Miss Josephine Lawson, librarian of class 1, and assign to the M Street High School for services to be rendered from March 1 to March 15, inclusive.

Miss Harriet V. Edmonds, teacher of the first grade, and assign to the John M. Langston School, eleventh division.

M. A. Carroll as clerk of class 1. R. E. Smith as janitor of the Jackson School.

Miss E. M. White, probationary teacher in the Central High School, as a permanent teacher, Central High School.

Miss C. M. Fuller, now on leave, as teacher of the fourth grade, and assign to the Stanton School, fourth division.

W. S. Herman as teacher of the second grade, seventh division.

M. E. Wimer as teacher of the fourth grade, and assign as principal of the Threlkeld School, first division.

Miss S. E. Thomas as teacher of the sixth grade, and assign as principal of the Threlkeld School, first division.

Transfers. Miss F. A. Reeve, teacher of the seventh grade, from the Johnson School, first division, to the Henry D. Cooke School, thirteenth division.

R. B. Green, teacher of the fourth grade, from the Morgan School, first division, to the Henry D. Cooke School, thirteenth division.

Miss M. F. Chapman, teacher of the first grade, from the Morgan School, first division, to the first grade, Henry D. Cooke School, thirteenth division.

Miss J. E. Brown, teacher of the fourth grade, from the Morgan School, first division, to the first grade, Henry D. Cooke School, thirteenth division.

Miss M. V. Tibbs, from teacher of the seventh grade to eighth grade principal and transfer from the Thaddeus Stevens School, tenth division, to the Fort Reno School, tenth division.

Miss S. J. Janifer, from teacher of the sixth grade to teacher of the sixth grade and transfer from the Fort Reno School, tenth division, to the Thaddeus Stevens School, tenth division.

Miss I. D. Washington, from teacher of the third grade to teacher of the fifth grade and transfer from the ungraded classes, twelfth division, to the Fort Reno School, tenth division.

Miss E. Brown, teacher of the third grade to teacher of the fourth grade and transfer from the George Bell School, thirteenth division, to the Eliza Randall School, thirteenth division.

Herndon Jones, from teacher of the second grade to teacher of the third grade, George Bell School, thirteenth division.

Miss L. J. King, from teacher of the seventh grade to seventh grade principal and transfer from the Eliza Randall School, thirteenth division, to the Deanwood School, twelfth division.

Miss Eliza Matthews, from teacher of the second grade to teacher of the third grade and transfer from the James G. Garfield School, thirteenth division, to the Eliza Randall School, thirteenth division.

Miss M. G. Scurlough, from teacher of the first grade to teacher of the second grade and transfer from the James G. Garfield School, thirteenth division, to the Eliza Randall School, thirteenth division.

Miss A. H. Birch, from clerk of class 3 to stenographer.

Miss J. H. Simmons, clerk, from class 2 to class 3.

K. P. Howard, clerk, from class 1 to class 2.

C. E. Toner, from the sixth grade to the seventh grade, and transfer from the Threlkeld School, first division, to the Curtis School, first division.

E. Brown, teacher in the Armstrong Manual Training Night School.

OUR TRADE IN TURKEY

Great Opportunity for American Manufacturers.

GERMANY LOSING GROUND

Her Commerce Suffering Because of Politics.

RAILWAY SUPPLIES' MARKET

Ambassador Leishman Calls Attention to Advantages Offered for American Goods.

BY WILLIAM E. CURTIS.

Written for The Star and the Chicago Record-Herald.

John F. Leishman, the American ambassador to Turkey, who is one of the ablest business men in this country, has written the Secretary of State the present conditions in Turkey are very favorable for the extension of American trade, and urges the manufacturers of this country to send agents over there at once to establish connections and introduce their goods. The German influence, which has been dominant for many years past, has suffered a serious check. The Emperor of Germany was regarded throughout Europe as the only friend the sultan had, and since the institution of a constitutional government the Germans have been handicapped by that prejudice. This antagonistic feeling has been aggravated by the action of Germany in supporting Austria in the annexation of Bosnia and Herzegovina, which were formerly Turkish provinces. England is now regarded as the safest and most disinterested friend and counselor of Turkey. The triple alliance (Germany, Austria and Italy), whose influence has been paramount in all matters, commercial as well as political, during the reign of Abdul Hamid, has been displaced by the triple entente (England, France and Russia), which is more advantageous to the United States and guarantees an open market for American goods.

Austria, as every one who reads the daily papers knows, has been under a boycott by the Turks in every form of Turkish products. England is now regarded as the safest and most disinterested friend and counselor of Turkey. The triple alliance (Germany, Austria and Italy), whose influence has been paramount in all matters, commercial as well as political, during the reign of Abdul Hamid, has been displaced by the triple entente (England, France and Russia), which is more advantageous to the United States and guarantees an open market for American goods.

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agricultural machinery of every description. Generally speaking, the methods of tilling the land are still very primitive. It is only in recent years that the Turkish farmers and large landowners have begun to relax somewhat in their attitude to modern innovations. Formerly they were satisfied with small returns, sufficient for their own use, of wheat and rye, olive oil, vegetables and halva, a favorite dish with the natives, which consists of a mixture of crushed sesame seeds with oil, meal and sugar. Today, however, the demand for farm products for export to European countries is increasing to such an extent that the peasant classes are beginning to learn that the improved methods introduced by a neighbor here and there bring more substantial returns than do the old ways which have so long been the vogue throughout the country.

Devoted to Agriculture. "The number of those busily engaged in agricultural pursuits in the vilayet of Smyrna may be placed at half a million, of whom two-thirds are Turks and one-third Greeks. The Mohammedan peasants are partly domiciled and partly nomads and shepherds. The domiciled Turks are honest and industrious, devoting their attention to tilling the soil. The nomads and shepherds, on the contrary, wander from place to place with their herds.

"The Greek peasants are also industrious and intelligent. As the mountain ranges and districts along the seacoast inhabited by them, together with the islands of the Turkish archipelago, are too small to furnish the growing of cereals on an extensive scale, the Greeks have mostly turned to raising goats and cultivating vineyards. The Greek villages in the villages of the country have a comfortable little home in one of the country villages, and on national holidays they all assemble in the town. The women take special pride in being neatly dressed.

"The farms in the vilayet of Smyrna consist of large estates, called *haciendas*, as a rule, are worked in common between the landowner and peasant; that is, the landowner furnishes the ground and seed, and in some parts of the country even the labor in connection with harvesting, while on the other hand the peasant gives only the price of his labor in return. After deducting taxes, which consist of a certain percentage of the crop, the village is then divided between the landowner and peasant. Should it happen that the peasant furnishes a span of oxen it is reckoned as the work of two oxen. The peasants are usually owned and personally farmed by peasants, and this is especially the case in the vilayet of Smyrna. The village usually divides his field into three categories, namely, that which is set apart for spring sowing, fall sowing, and that which is left uncultivated as pasture for live stock.

Small Trade at Present. We have little commerce with Turkey. We import considerable wool and large quantities of rugs and carpets; nearly all